

Sacred Lovers Rumba

s協2016年11月推薦曲

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Music: "Sacred Love Vows" Johnny Cymbal CD: Mr. Baseman available Amazon also KAPP 503 (45)
Footwork: Opposite unless noted Speed: 2:29 @ 45 rpm
Rhythm: Rumba RAL Phase III+1 (Alemana)
Sequence: INTRO-A-B-C-D-A-B-C-END Released: July 2016

INTRO

1-4 **LOW BFLY ;; CUCARACHA L & R ;;**
1-4 low BFLY wait ;; sd L,rec R,cl L,- ; sd R,rec L,cl R,- ;

-A-
1-4 **BASIC ;; FENCE LINE TWICE ;;**
1-4 fwd L,rec R,sd L,- ; bk R,rec L,sd R,- ; X lunge L,rec R,sd L,- ; X lunge R,rec L,sd R,- ;
5-8 **BREAK BK ; PROG WK 3 ; CIRCLE AWAY & TOG BFLY ;;**
5-8 swvl bk OP L,rec R,fwd L,- ; fwd R,L,R,- ; circle L,R,L,- ; tog R,L,R BFLY,- ;

-B-
1-4 **FWD BASIC ; WHIP ; ALEMANA ;; to a**
1-2 fwd L,rec R,sd L,- ; bk trn R,rec L,sd R(W fwd L,fwd trn R,sd L,-) ;BFLY COH
3-4 fwd L,rec R,cls L(W bk R,rec L,sd trn R,-) ; bk R,rec L,sd R(W fwd trng RF L,R,sd L to M's R sd,-) ;
5-8 **LARIAT ;; OPEN BREAK ; WHIP ;**
5-6 ip L,R,L,- ; R,L,R, (W circle around M CW R,L,R,- ; L,R,L,-) ;
7-8 rk apt L,rec R,sd L,- ; bk trn R,rec L,sd R(W fwd L,fwd trn R,sd L,-) ;BFLY W

-C-
1-4 **CHASE PEEK-A-BOO ;;;**
1-4 fwd L trn ½,rec R,fwd L,- ; sd R,rec L,cl R,- ; sd L,rec R,cls L,- ; fwd R trn ½,rec L,fwd R,- ;
(W bk R,rec L,fwd R,- ; sd L,rec R,cl L,- ; sd R,rec L,cl R,- ; fwd L,rec R,bk L,- ;)
5-8 **NEW YORKER ; CRABWALKS ;; NEW YORKER ;**
5-8 X thru L,rec R,sd L,- ; XRif,sd L,XRif,- ; sd L,XRif,sd L,- ; X thru R,rec L,sd R,- ;

-D-
1-4 **CHASE w/UNDERARM PASS ;; SHOULDER-SHOULDER TWICE ;;**
1-2 fwd trn L,rec R,fwd L,- ; bk R,rec L,sd R(W fwd L,fwd trn R under joined hands,sd L,-) ;BFLY COH
3-4 rk fwd L(W rk bk R),rec R fc,sd L,- ; rk fwd R(W rk bk L),rec L fc,sd R,- ;
5-8 **CHASE w/UNDERARM PASS ;; FENCE LINE ; CUCARACHA ;**
5-6 fwd trn L,rec R,fwd L,- ; bk R,rec L,sd R(W fwd L,fwd trn R under joined hands,sd L,-) ;BFLY W
7-8 X lunge L,rec R,sd L,- ; sd R,rec L,cl R,- ;

END
1-4 **SPOT TRN TWICE ;; SHOULDER – SHOULDER TWICE To CUDDLE POS ;;**
1-2 swvl ¼ fwd L trn ½,rec R trn ¼,sd L fc,- ; swvl ¼ fwd R trn ½,rec L trn ¼,sd R fc,- ;
3-4 rk fwd L(W rk bk R),rec R fc,sd L,- ; rk fwd R(W rk bk L),rec L fc,sd R,- ; *
5-6 **CUCARACHA L & R w/KISS ;;**
5-6 sd L,rec R,cl L,- ; sd R,rec L,cl R,- ;

* cuddle pos M's Hands loosely on W's waist/lower back/W's hands on M's shoulder or neck.

Sacred Lovers Rumba Head Cues

Intro: Wait 2 Low Bfly ; ; Cuca L & R ; ;

A: Basic ; ; Fence Line Twice ; ;
Brk Bk ; Prog Wlk 3 ; Circle Away & Tog Bfly ; ;

B: Fwd Basic ; Whip ; Alemana to a Lariat ; ; ; ; Opn Brk ; Whip ;

C: Chase Peek-A-Boo ; ; ; ; Ny'r ; Crabwalks ; ; Ny'r ;

D: Chase w/Underarm Pass ; ; Shoulder to Shoulder Twice ; ;
Chase w/Underarm Pass ; ; Fence Line ; Cuca ;

A: Basic ; ; Fence Line Twice ; ;
Brk Bk ; Prog Wlk 3 ; Circle Away & Tog Bfly ; ;

B: Fwd Basic ; Whip ; Alemana to a Lariat ; ; ; ; Opn Brk ; Whip ;

C: Chase Peek-A-Boo ; ; ; ; Ny'r ; Crabwalks ; ; Ny'r ;

End: Spot Trn Twice ; ; Shoulder to Shoulder Twice To Cuddle Pos ; ;
Cuca L & R w/a Kiss ; ;